



## Wraparound: A case study in EBP intervention & implementation development


RTC/ 19 Wraparound 2008

Dean L. Fixsen  
National Implementation Research Network  
Louis de la Parte Florida Mental Health Institute



## Program Development and Implementation


- From an implementation point of view, the development of Wraparound is an interesting case study



## SOC & Wraparound


Stroul, B., & Friedman, R. M. (1986). *A System of Care for Children and Adolescents with Severe Emotional Disturbance*. Washington, DC: Georgetown University Child Development Center, National Technical Assistance Center for Children's Mental Health.

Burchard, J. D., Burchard, S. N., Sewell, R., & VanDenBerg, J. (1993). *One kid at a time: Evaluative case studies and descriptions of the Alaska Youth Initiative demonstration project*. Washington, DC: SAMHSA Center for Mental Health Services.





## Program Development and Implementation

- SOC and WA based on a strong base of philosophy and principles
- SOC and WA both weak on how to accomplish those goals
- Users were free to “make best use of WA” and “adapt it to best suit your local circumstances”
- Operationalization = restrictiveness




## Program Development and Implementation

- From Homebuilders to Dialectical Behavior Therapy, WA was another example of the truism:
  - Unless you stand for something, you will stand for anything
  - Without standards, the name will suffice (paper/ procedural implementation)
  - What is “it” and what is not “it”



## Program Development and Implementation

- The horse was out of the barn and now “program development” was in a catch up mode



## Program Development and Implementation

- ★ The presentations in this symposium summarize a tremendous accomplishment
- ★ Clubhouse program only other one to recover from the status of an international fad and retroactively set and impose standards (Fairweather et al., 1969 – Lucca, 2000)

## Program Development and Implementation

- ★ In both cases, a community of practice was formed
  - ★ Collectively set standards
  - ★ Collect data across the current spectrum (scientists love variability, consumers do not)
  - ★ Begin the difficult process of bringing current practice in line with the new standards

## Implement Innovations

		IMPLEMENTATION	
		Effective	NOT Effective
INTERVENTION	Effective	<b>Consumer Benefits</b>	
	NOT Effective		

## Program Development and Implementation

- ★ All done after the fact by teams of determined researchers and practitioners!

**CONGRATULATIONS!!**

## Thank You


We thank the following for their support

- ★ Annie E. Casey Foundation (EBPs and cultural competence)
- ★ William T. Grant Foundation (implementation literature review)
- ★ Substance Abuse and Mental Health Services Administration (implementation strategies grants; NREPP reviews; SOC analyses of implementation; national implementation awards)
- ★ Centers for Disease Control & Prevention (implementation research contract)
- ★ National Institute of Mental Health (research and training grants)
- ★ Juvenile Justice and Delinquency Prevention (program development and evaluation grants)
- ★ Office of Special Education Programs (Capacity Development Center contract)

## For More Information

<b>Karen A. Blase</b>	<b>Dean L. Fixsen</b>
★ 813-974-4463	★ 813-974-4446
★ <a href="mailto:kblase@fmhi.usf.edu">kblase@fmhi.usf.edu</a>	★ <a href="mailto:dfixsen@fmhi.usf.edu">dfixsen@fmhi.usf.edu</a>

**National Implementation Research Network**  
 At the Louis de la Parte Florida Mental Health Institute  
 University of South Florida  
<http://nirn.fmhi.usf.edu>



## For More Information

Fixsen, D. L., Naoom, S. F., Blase, K. A., Friedman, R. M. & Wallace, F. (2005). *Implementation Research: A Synthesis of the Literature*. Tampa, FL: University of South Florida, Louis de la Parte Florida Mental Health Institute, The National Implementation Research Network (FMHI Publication #231).

Download all or part of the monograph at:

<http://nim.fmhi.usf.edu/resources/publications/Monograph/index.cfm>

Copyright © Dean L. Fixsen and Karen A. Blase, 2009